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42. A method as claimed in claim ⁴³41, wherein said enclosure has four external corners additionally comprising securing horizontal angle members to the four external corners of the lattice framework.

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43. A method as claimed in claim ⁴³41 wherein each frame member is formed by interconnecting four individual frame sections.

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44. A method unit module as claimed in claim ⁴³43 wherein each frame member is formed by welding joists of a C-shaped cross-section.

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45. A method as claimed in claim ⁴³41, further comprising connecting plural parallel cross runners extending widthwise to a rectangular frame member which is endmost.

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46. A method as claimed in claim ⁴³41 wherein the lattice framework is formed of light gauge steel.

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47. A method of forming a building comprising forming a plurality of modules by the method of claim ⁴³41, further comprising the steps of stacking the modules one atop the other and side by side and interconnecting the modules by connecting the lattice framework of each module to the lattice framework of each adjacent module.

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48. A method as claimed in claim ⁴³41, further comprising a plurality of horizontal runners connected to said short side.

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49. A method as claimed in claim ⁴³41, wherein one of said two pairs of sides is longer than the other of said two pair of sides.

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50. A method as claimed in claim ⁴³49, further comprising also connecting a plurality of horizontal cross runners to the shorter of said pairs of said two pairs of sides.

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51. A method as claimed in claim ⁴³41, wherein the spacing between adjacent pairs of rectangular frame member is substantially equal.

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52. A method as claimed in claim ⁴³41, wherein the spacing between sets of adjacent pairs of horizontal runners is substantially equal.

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53. A method as claimed in claim ⁴³41, wherein said method is practiced at a construction site.

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54. A method as claimed in claim ⁴³41, wherein said method is practiced at a factory for assembling prefabricated building unit modules.